



LANGUAGE BARRIER . . . Khaled Sabsabi has welcomed a new magazine for Arabic parents.

Photo: ANGELO VELARDO

Arabic advice for parents

LIVERPOOL outreach worker Khaled Sabsabi has welcomed a new magazine for Arabic parents that helps them raise children.

A father of one, Mr Sabsabi said he knows the challenges of raising children, especially for Arabic people.

"Some parents are reluctant to discuss difficulties or seek

help and may experience guilt, confusion or feelings of inadequacy in dealing with the constant challenges of parenting and these challenges can be exacerbated when parents also face cultural or language barriers," he said.

The free 36-page colour magazine is printed in Arabic and English and gives tips for

parents and a list of places to go for help. It is available from libraries, community health centres and department of community services (DoCS) offices in south-western Sydney.

Arabic parents and carers can also speak to an Arabic counsellor by calling Parent Line on 13 20 55.